

## RELAXING

A slow, deep massage to release accumulated stress and tension. It provides a state of calm and relaxation.

60 minutes - 90€

## DEEP TISSUE

A massage with faster, deeper movements. Pressure is applied to contracted or sore areas of the muscles. It combines massage techniques with stretching. It provides a state of release.

60 minutes - 105€

## GROUNDING

Healing time. A focused treatment to reconnect with our mind and body. Longitudinal movements along the body target the most tense areas.

75 minutes - 105€

## CALM DOWN

A massage to induce a sommelier state inspired by Ayurvedic techniques. We'll work with essential oils and soft brushes to promote deep relaxation and serenity. It helps with sleep and jet lag.

60 minutes - 100€

## FLOATING

Watsu massage technique with a series of movements performed in water where we lose track of time and space.

60 minutes - 90€

## HYDRAVITAL (FACIAL)

Suitable for all skin types and ages. Deeply hydrates the skin of the face, neck, and décolleté. This treatment restores firmness, softness, radiance, and elasticity, preventing dehydration and the appearance of the first signs of aging.

60 minutes - 105€

## FOCALITY

Massage focused on targeted areas of the body with the greatest tension. Choose between back and neck or legs.

75 minutes - 105€

## HOT STONES

Hot stone massage that, thanks to its temperature, relaxes muscles and joints, improving blood circulation and helping to eliminate toxins.

75 minutes - 105€

*Salvador*  
SPA WELLNESS

## TREATMENT LETTER



WORKING WITH  
ESSENTIAL OILS

COMBINATION OF  
DIFFERENT TECHNIQUES

CUSTOM WORK